

Benjamin Franklin Charter Schools - Crismon Campus

February

Lunch Menu

BE MY VALENTINE!

2012



Monday

Tuesday

Wednesday

Thursday


Friday

We provide Free or Reduced Priced meals for eligible students. Please call your school cafeteria for details or go to www.qcusd.org - Food Service Link for an application.



If you have any questions, concerns or comments please feel free to contact Carol Weekly, Director of Child Nutrition at (480) 987-5983 or cweekly@qcusd.org



1	2	3
Hot Dog Ranch Style Beans Cucumber & Carrot Coins Grapes &/or Pears*	New Orleans Cajun Chicken w/ Brown Rice Bell Peppers & Grape Tomatoes Orange &/or Pineapple*	Pizza Quesadilla Fresh Vegetable Assortment Apple &/or Mandarin Oranges*
6	7	8
Chicken Sandwich Corn on the Cob Broccoli & Cauliflower Mix Banana &/or Peaches*	Turkey Pot Roast w/ Mashed Potatoes & Gravy Whole Wheat Dinner Roll Tossed Romaine Salad Apple &/or Mandarin Oranges* Birthday Cupcake	Tony's Ultimate Flat Bread Cucumber & Carrot Coins Orange &/or Mixed Fruit*
9	10	
Cheeseburger on WW Bun Sweet Potato Fries Leaf Lettuce & Tomato Pear &/or Applesauce*	Bean & Cheese Burrito Fresh Vegetable Assortment Salsa Grapes &/or Pears*	
13	14	15
Whole Grain Corn Dog Ranch Style Beans Broccoli & Cauliflower Mix Pear &/or Mixed Fruit*	Heart Shaped Chicken Nuggets w/Wheat Dinner Roll Cucumbers & Grape Tomatoes Kiwi &/or Strawberry Applesauce* Angelo's Italian Power Ice	Ardella's French Bread Pizza Tossed Romaine Salad Celery Sticks w/Sun Butter Fresh Fruit Salad &/or Pineapple*
16	17	
Turkey Carnitas w/ Whole Wheat Tortillas Shredded Cabbage & Tomato Orange &/or Pears*	1/2 Day	
20 No School	21	22
 President's Day	Low Fat Macaroni & Cheese Whole Wheat Dinner Roll Broccoli & Cauliflower Mix Grapes &/or Mixed Fruit*	BBQ Chicken Flatbread Ranch Style Beans Coleslaw Celery Sticks w/Sun Butter Orange &/or Peaches*
23	24	
Chicken & Mashed Potato Bowl Corn Tossed Romaine Salad Apple &/or Pineapple*	Mini Cheeseburgers Sweet Potato Fries Fresh Vegetable Assortment Kiwi &/or Pears*	
27	28	29
WW Grilled Cheese Sandwich Green Beans Celery Sticks w/Sun Butter Banana &/or Mixed Fruit*	Orange Chicken Bowl w/ Brown Rice Broccoli & Cauliflower Mix Apple &/or Pears* Whole Fruit Frozen Juice Bar	WG Pizza Sticks w/Marinara Sauce Tossed Romaine Salad Kiwi &/or Mandarin Oranges*

Legend: * Canned Fruit 🌿 Vegetarian ⚡ Whole Grain/Whole Wheat 🐷 Pork

www.ezschoolpay.com accepts VISA, Discover and MasterCard! Avoid the lost check in the back pack or trip to school to make a payment for your child's meals. Log on to add money to your child's meal account. There is a convenience fee of \$2.50 per transaction to make a debit/credit card payment. Payments made through EZSchoolPay will post within minutes. You can also utilize the FREE service to keep track of your child's account balance and transactions. Please contact the Food and Nutrition Department at (480) 987-5983 with any questions.



Lunch Prices	
Reduced Price	Regular Price
\$0.40	\$2.30
\$2.00 for 5 days	\$11.50 for 5 days



"This institution is an equal opportunity provider."

Menu subject to change